HEALTH SCIENCES RESEARCH AND EDUCATION CONFERENCE (HREC) 2026

Annual Conference 2026

Advancing Nursing Excellence: Leadership and Innovation in Healthcare



Conference Program | November 14, 2026 8:00 AM – 4:00 PM

CONFERENCE PROGRAM AT A GLANCE

November 14, 2026

TIME	SESSION	TITLE / DESCRIPTION
8:00 – 9:00 AM	REGISTRATION	**Attendee Registration & Welcome** *On-site registration, program distribution, and light refreshments*
9:00 – 9:10 AM	OPENING REMARKS	**Opening Remarks** *Dr Khalil Yousef*
9:10 – 9:35 AM	KEYNOTE I	**Transforming Nursing Leadership in a Changing Healthcare Landscape** *Presenter: Sarah Ball, MSc RN CGNC CHSE FFNMRCSI*
9:35 – 10:00 AM	KEYNOTE II	**Digital Innovations in Healthcare** *Presenter: Dr Dina AlBestawy*
10:00 – 10:25 AM	KEYNOTE III	**Evidence-Based Practice: Bridging Education and Clinical Excellence** *Presenter: Dr Zahra Mohamad*

CONFERENCE PROGRAM AT A GLANCE

November 14, 2026

TIME	SESSION	TITLE / DESCRIPTION
10:30 – 11:00 AM	MORNING BREAK	**Morning Refreshments & Networking** *Coffee, tea, and light snacks. Opportunity to visit exhibitor tables and network with fellow attendees and faculty.*
11:00 AM – 12:25 PM	PRESENTATIONS	**Oral Presentations — 6 Sessions** *11:00 AM to 12:25 PM*
12:30 – 2:00 PM	POSTER SESSION	**Research Poster Presentations & Q&A** *Graduate students and faculty showcase original nursing research through interactive poster displays.*
2:00 – 3:00 PM	LUNCH BREAK	**Lunch Break**
3:00 – 4:00 PM	Closing and Awards	**Closing Remarks and Abstract Awards**



KEYNOTE I

9:10 – 9:35 AM

KEYNOTE PRESENTATIONS

Transforming Nursing Leadership in a Changing Healthcare Landscape

Speaker: *Presenter: Sarah Ball, MSc RN CGNC CHSE FFNMRCSI*

This keynote examines the shifting dynamics of healthcare systems and the critical role nurse leaders play in driving institutional change. Topics include adaptive leadership frameworks, interprofessional team dynamics, policy advocacy, and preparing advanced practice nurses for executive and strategic roles within complex health organizations.



KEYNOTE II

9:35 – 10:00 AM

KEYNOTE PRESENTATIONS

Digital Innovations in Healthcare

Speaker: *Presenter: Dr Dina AlBestawy*

An exploration of the latest digital technologies reshaping healthcare delivery, including artificial intelligence, telehealth platforms, electronic health records, and data-driven decision support systems — and their implications for nursing practice and patient outcomes.

KEYNOTE PRESENTATIONS

KEYNOTE III

10:00 – 10:25 AM

Evidence-Based Practice: Bridging Research and Clinical Excellence

Speaker: *Presenter: Dr Zahra Mohamad*

An exploration of methodologies for translating nursing research into clinical protocols that measurably improve patient outcomes. The presentation addresses implementation science, clinical data analytics, overcoming barriers to change adoption, and building a culture of continuous quality improvement across nursing departments.

ORAL PRESENTATIONS

11:00 AM – 12:25 PM

Theme 1: Digital Health, AI and Innovation in Patient Care

Theme 2: Clinical and Organizational Leadership in Healthcare

#	TIME	PRESENTATION TITLE	SPEAKER	Room
P1	11:00 – 11:25	**Artificial Intelligence in Clinical Decision-Making**	*Dr Asad Safi*	**Theme 1**
P2	11:30 – 11:55	**Machine Learning in Healthcare**	*Dr Abdel Rahman Al-Shanoon*	**Theme 1**
P3	12:00 – 12:25	**Leading Change in Healthcare**	*Dr Mohammad Awad*	**Theme 1**
P4	11:00 – 11:25	**Building Nursing Excellence**	*Ms Zulaikha Al Hosani*	**Theme 2**
P5	11:30 – 11:55	**Transformational Leadership Strategies for Nurse Managers in High-Acuity Settings**	*Ms Asma Al Mesmari*	**Theme 2**
P6	12:00 – 12:25	**Interprofessional Collaboration and Shared Governance**	*Ms Alia Haddad*	**Theme 2**

POSTER SESSION

12:30 PM – 2:00 PM

Research Poster Presentations & Interactive Q&A

Graduate students and faculty showcase original nursing research through interactive poster displays. Attendees engage directly with researchers for in-depth discussion of methodologies, findings, and clinical applications.

Featured Research Themes:

Clinical Practice

Patient outcomes, bedside innovations, safety protocols

Health Policy

Policy advocacy, healthcare reform, community health impact

Nursing Education

Simulation, pedagogy, curriculum development

Leadership & Admin

Workforce management, organizational change, finance



LUNCH BREAK

2:00 PM – 3:00 PM

CLOSING REMARKS & ABSTRACT AWARDS

3:00 PM – 4:00 PM



Closing Remarks and Abstract Awards Ceremony

Recognition of outstanding research abstracts and poster presentations. Closing address by the Program Director with acknowledgment of speakers, facilitators, and conference organizing committee.

Presented by: Dr Khalil Yousef

Health Sciences Research and Education Conference (HREC) 2026

Thank you for your participation and contributions to nursing excellence.